### **Welcome to Helen Cullington**

- I am an audiologist at the University of Southampton Auditory Implant Service in the United Kingdom; we implant adults and children of all ages.
- I am captivated by cochlear implants and the use of technology to improve people's lives. I have worked for 28 years in six cochlear implant centres around the world, and completed my PhD at University of California, Irvine.
- I am Chair of the British Cochlear Implant Group





Personalising rehabilitation for adults with cochlear implants

### **Helen Cullington**

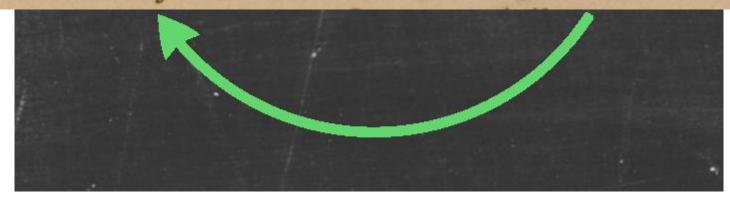
H.Cullington@Southampton.ac .uk



# Southampton



**rehabilitate** ▶ verb [with obj.] restore (someone) to health or normal life by training and therapy after imprisonment, addiction, or illness: helping to rehabilitate former criminals.



BCIG (British Cochlear Implant Group) Quality **Standards** 

### **5** phases of patient management:

pre-implant assessment,

surgery,

device programming,

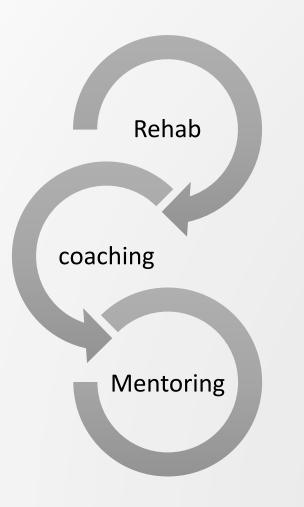
rehabilitation

equipment maintenance

### Rehabilitation aims to facilitate participation

## Rehabilitation HAS to improve empowerment, so the patient can self-manage

Return for investment, maximise outcomes



### Coaching

What does coaching involve?

Who needs coaching? Does everyone?

How should it be delivered?

Who should it be delivered by?

### And how do we even know for each individual patient?



### What does coaching involve?



Who needs coaching? Does everyone?

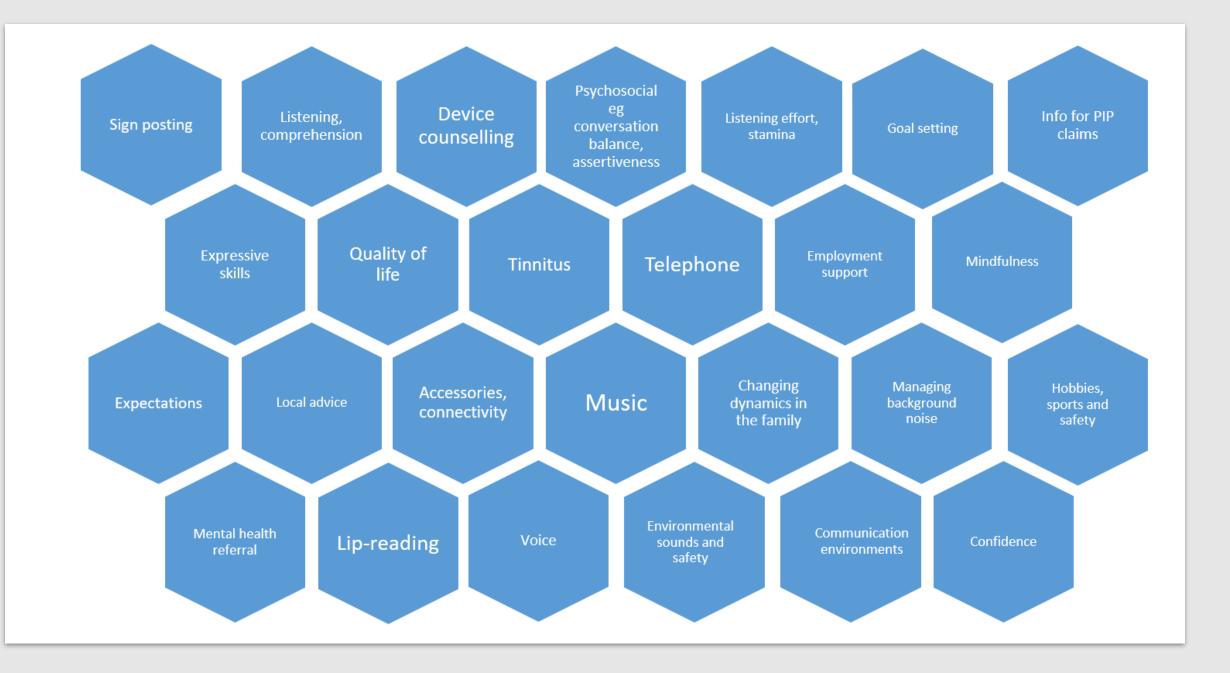


How should it be delivered?



Who should it be delivered by?







### How was coaching done during the pandemic?



### Who should be the coach?

Implant centre clinician

Local clinician

Patient themself

Peer support

Family

Al coach?

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