## Impact of cochlear implantation on quality of life in older adults Teddy R. McRackan, **Tenured Professor Medical Director, Cochlear Implant Program Medical University of South Carolina** 6/26/25 -MUSC Health Changing What's Possible MUSChealth.org

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#### COCHLEAR IMPLANT QUALITY OF LIFE (CIQOL)

**User Manual** Version 1.0



Cochlear Implant Quality of Life Research Program Medical University of South Carolina Department of Otolaryngology-Head & Neck Surgery education.musc.edu/CIQOL ciqualityoflife@musc.edu • Final validation completed 2019





https://education.musc.edu/CIQOL

Cochlear implant safety

- Extremely safe surgery
- Minimal risks from anesthetic exposure









#### Speech Recognition Testing



 Pre-op (SD)
 12mo post-CI(SD)

 Words in quiet
 12.8% (±15.8)

 59.5% (±22.2)

Sentences in quiet 20.2% (±20.3) 79.6% (±23.8)

Sentences in noise 21.6% (±19.2) 57.5% (±25.1)



Ma, Cheng, et al. Laryngoscope. 2021

#### CI outcomes



Ma, Cheng, et al. Laryngoscope. 2021

#### CI outcomes

### Speech Recognition Testing





## Real-world communication abilities







 Speech recognition ability only accounts for 4-16% of variance in patient selfreported communication ability

Olze H, et al. Laryngoscope. 2012 Calvino M, et al. Eur Arch Oto. 2016 Capretta NR, Moberly AC\*. Laryngoscope.2016 McRackan TR, et al. Ear and Hearing. 2021 McRackan TR, et al. Laryngoscope. 2018 McRackan TR, et al. Otol Neurotol. 2018



Quality of life outcomes in older adults: Qualitative research via focus groups





McRackan TR, et al. JAMA-Oto. 2018

Quality of life outcomes in older adults: Qualitative research via focus groups





McRackan TR, et al. JAMA-Oto. 2018

- I am able to drive when necessary
- I am able to drive without assistance



- I am able to drive when necessary
- I am able to drive without assistance
- I am able to go shopping without assistance



- I am able to drive when necessary
- I am able to drive without assistance
- I am able to go shopping without assistance
- Improvement in feeling handicapped by my hearing loss



- I am able to drive when necessary
- I am able to drive without assistance
- I am able to go shopping without assistance
- Improvement in feeling handicapped by my hearing loss
- I could live by myself without assistance
- I am able to function independently



Quality of life outcomes in older adults: Qualitative research via focus groups





McRackan TR, et al. JAMA-Oto. 2018



Mean age 60 (±15) years





Mean age 60 (±15) years



- Demographic factors
- Hearing factors







Mean age 60 (±15) years





(±15) years







Mean age 60 (±15) years



- Demographic factors
- Hearing factors

# Entertainment $\beta$ =-0.3 (-1.5 to -0.4)





Mean age 60 (±15) years



45-year age difference needed to have meaningful difference in CIQOL-Entertainment score



- Minimal quality of life differences between older and younger CI users
  - Potential, small differences in speech recognition scores
- Impacts on daily life are widespread and cover all CIQOL domains



#### Team:



>1000 unique research participants

- Judy R. Dubno
- Craig Velozo
- Katie Sterba
- Brittany Hand
- Bryant Seamon
- Lindsey Weissman
- Carrie Kelly
- Isabelle Chau



Adult CI team

- Kara Leyzac
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- Ted Meyer
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- Peter Dixon
- Liz Camposeo
- Kaylene King
- Amy Noxon
- Meghan Carter
- Hannah Brown
- Elise Wilson
- Sarah Haslett
- Nevitte Morris
- Claire Keiser



#### CIQOL Research Consortium



 Columbia University •Duke University •Eastern Virginia Medical School Georgetown •House Ear Clinic •Johns Hopkins University Kaiser Health Los Angeles •Kaiser Health San Diego •Loyola University Mass Eye and Ear Infirmary Mayo Clinic Rochester •MUSC •New York Eye and Ear Infirmary •Ohio State University Oregon Health Sciences University Rush Medical Center Stanford University

 Summit Medical Group •SUNY Downstate University of Arkansas University of Cincinnati University of Colorado University of Maryland University of Miami •University of Pennsylvania •University of Utah •University of South Carolina •University of Texas Southwestern Vanderbilt University •Virginia Mason Seattle University of Miami •Washington University Advanced Bionics Cochlear Corporation •MED-EL



#### Questions?

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